

	Mandag				Onsdag		Torsdag				Søndag	
	Spektrum				Flatåsen		Spektrum				Flatåsen	
	F1	F2	F3	F4	F1	F2	F1	F2	F3	F4	F1	F2
15.30-16.00												
16.00-16.30											Stars	Starlight
16.30-17.00											Stars	Starlight
17.00-17.30	Glowing	Lucky	Rookies	Stars	Glowing	Rookies	Shining	Stars	Starlight	Jr. Elite	Stars	Starlight
17.30-18.00	Glowing	Lucky	Rookies	Stars	Glowing	Rookies	Shining	Stars	Starlight	Jr. Elite	Stars	Starlight
18.00-18.30		Lucky	Rookies	Stars	Jr. Elite	Senior 5		Stars	Starlight	Jr. Elite	Senior 5	Jr. Elite
18.30-19.00		Shining	Rookies	Stars	Jr. Elite	Senior 5		Stars	Starlight	Jr. Elite	Senior 5	Jr. Elite
19.00-19.30		Shining	AG6	Starlight	Jr. Elite	Senior 5			Senior 5	Coed 6	Senior 5	Jr. Elite
19.30-20.00			AG6	Starlight	Jr. Elite	Senior 5			Senior 5	Coed 6	Senior 5	Jr. Elite
20.00-20.30			AG6	Starlight	Coed 6	AG6			Senior 5	Coed 6	Coed 6	AG6
20.30-21.00			AG6	Starlight	Coed 6	AG6			Senior 5	Coed 6	Coed 6	AG6
21.00-21.30					Coed 6	AG6					Coed 6	AG6
21.30-22.00					Coed 6	AG6					Coed 6	AG6